

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

The Vegetarian Option at Crofty's Restaurant



Crofty's Restaurant

Week commencing Monday 2nd December 2013

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the hot pudding of the day or the homemade fresh fruit salad. Excellent value for £2.30 and very healthy. (To reserve a salad children must register S in a morning)

MONDAY

OUR HEALTHY
VEGETARIAN
HOMEMADE MEAL

Homemade Margherita Pizza with Chips and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice.** Homemade Steamed Syrup Sponge or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL



KING OF THAILAND'S BIRTHDAY DINNER

Homemade Thai Green Vegetable Curry with Sticky Rice and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetable or salad choice. Selection of Wraps. Exotic Fruit Salad or Yoghurt**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Homemade Vegetarian Pasta Bolognese with Garlic Bread and a visit to the Salad Bar. **Fresh Juice of the day, Choice of four salad options. Selection of Wraps. NO LIMIT on salad choices.** Homemade Chocolate Oat Delight & Chocolate Sauce or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetarian Burger with Chips, Peas and a Choice of Bread. **Choice of four vegetables or Salad Choices . Fresh Juice of the day. NO LIMIT on vegetables or Salad Choices. Selection of Wraps. Ice Cream or Homemade Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quality Vegetarian Sausages with Yorkshire Pudding and Mashed Potatoes with a Choice of Bread. **Choice of four Vegetables or Salad Choices. Fresh Juice of the day. NO LIMIT on vegetables or Salad choice. Selection of Wraps.** Homemade Rice Pudding or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Milk/Soup Bar

Fruit Stall and Milk Shakes open and available every morning break.
Milk Shakes available at lunch time

Only 30p

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN