

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

The Vegetarian Option at Crofty's Restaurant



Crofty's Restaurant

Week commencing Monday 6th January 2014

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the hot pudding of the day or the homemade fresh fruit salad. Excellent value for £2.30 and very healthy. (To reserve a salad children must register S in a morning)

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NOT IN SCHOOL

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetarian Sausages with Mashed Potato, Yorkshire Pudding and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT in vegetables or salad choices. Selection of Wraps.** Homemade Flapjack & Custard or **Homemade Fresh Fruit Salad or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Homemade Vegetarian Bolognese with a visit to the Salad Bar and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad choice. Selection of Wraps.** Homemade Chocolate Oat Delight and Custard or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Fish Fillet with Chips, Peas and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetable or salad options. NO LIMIT on vegetable or salad options. Selection of Wraps.** Ice Cream or **Homemade Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Roast & Stuffing with Roast Potatoes and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice. Selection of Wraps.** Homemade Rice Pudding or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Milk/Soup Bar

Fruit Stall and Fruit Kebabs and Milk Shakes open and available every morning break.
Milk Shakes available at lunch time

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN