

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

The Vegetarian Option at Crofty's Restaurant



Crofty's Restaurant

Week Commencing Monday 27th January 2014

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the hot pudding of the day or the homemade fresh fruit salad. Excellent value for £2.30 and very healthy. (To reserve a salad children must register S in a morning)

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL
Homemade Margherita Pizza with Hash Browns and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice.** Homemade Steamed Syrup Sponge or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Sausages with Yorkshire Pudding and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice.** Homemade Flapjack & Custard or **Homemade Fresh Fruit Salad or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL
Homemade Vegetarian Pasta Bolognese with Garlic Bread and a visit to the Salad Bar. **Fresh Juice of the day, Choice of four salad options. Selection of Wraps. NO LIMIT on salad choices.** Homemade Chocolate Oat Delight & Chocolate Sauce or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY OUR HEALTHY VEGETARIAN HOMEMADE MEAL

CHINESE NEW YEAR BANQUET



Come along and enjoy a selection of our Chinese Buffet

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL
Quorn Fillet & Stuffing with Roast Potatoes and a Choice of Bread. **Choice of four Vegetables or Salad Choices. Fresh Juice of the day. NO LIMIT on vegetables or Salad choice. Selection of Wraps.** Homemade Rice Pudding or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Milk/Soup Bar
Hot Soup available Monday-Thursday morning break.
Fairtrade Hot Chocolate available Friday morning break.
Milk Shakes available at lunch time.
Only 30p

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN