



*Family Links*

# The Nurturing Programme

Would you like to...

- Explore how to resolve family issues?
- Meet other parents and have a coffee and some fun?
- Learn new strategies for negotiating and problem solving?

The Family Links Programme is for all parents to come along and meet in a friendly, informal and fun environment. It's free and lasts for ten weeks and is a chance for everyone to improve family relationships and reduce conflict.

The group will start on Thursday 1 May 2014 between 1pm until 3pm at Toll Gravel united Church (entrance opposite Sell it and Soon), so come along!

If you are interested in attending or would like more information please contact Keli Taylor, or Sam Lawson on 01482 392141

