

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

The Vegetarian Option at Crofty's Restaurant



Crofty's Restaurant

Week Commencing Monday 23rd June 2014

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or yoghurt. Excellent value for £2.30 and very healthy. (To reserve a salad children must register S in a morning)

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL
Quality Quorn Mince with Mashed Potato and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Homemade Iced Cornflake Special or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL



SCOTTISH LUNCH AT CROFTY'S

Quorn Hash with Crusty Bread. **Fresh Juice of the day. Choice of four Vegetables or salad options. NO LIMIT on vegetable or salad choices. Selection of Wraps.** Homemade Raspberry Cranachan or **Homemade Fresh Fruit Salad or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL
Homemade Quorn Pie with Saute Potatoes and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice. Selection of Wraps.** Pears and Chocolate Sauce or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Fish ,Chips and Beans with a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choices. NO LIMIT on vegetables or salad choice. Selection of Wraps.** Ice Cream or **Homemade Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL



SCOTTISH LUNCH AT CROFTY'S

Quorn Roast with New Potatoes and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad choice. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Homemade Shortbread or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Milk Bar

Summer Fruit Kebabs available every morning break.
Milk Shakes available every lunchtime only

Only 30p

TO RECEIVE A VEGETARIAN DINNER,PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN