

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

THE Healthy Option at Crofty's Restaurant



Crofty's Restaurant

Week Commencing Monday 16th June 2014

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or Yoghurt. Excellent value for £2.30 and very healthy. (To reserve a salad children must register **S** in a morning)

MONDAY

OUR HEALTHY HOMEMADE MEAL WORLD CUP—BRAZIL

Homemade Brazilian Beef & Sausage Stew with Savoury Rice and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad/wrap choices.** Bananas and Strawberries with Granola & Honey or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY HOMEMADE MEAL WORLD CUP— MEXICO

Chicken Fajitas with Potato Wedges and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetable or salad/wrap choices.** Pineapple Empanaditas with Cream or **Homemade Fresh Fruit Salad or Yoghurt.**
SORRY NO GUESTS TODAY

TUESDAY

OUR HEALTHY HOMEMADE MEAL WORLD CUP—AUSTRALIA

Home Roast Lamb with Roast Potatoes and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad/wrap choices.** Homemade Vanilla and Chocolate Lamington or **Homemade Fresh Fruit Salad or Yoghurt**

FRIDAY

OUR HEALTHY HOMEMADE MEAL WORLD CUP - ITALY

Homemade Pepperoni Pizza with Salad. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad/wrap choices.** Ice Cream or **Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY HOMEMADE MEAL WORLD CUP—GREECE

Homemade Moussaka with Salad and Crusty Bread. **Fresh Juice of the day. Choice of four salad options. NO LIMIT on salad/wrap choices.** Fruit with Greek Yoghurt and Honey or **Homemade Fresh Fruit Salad or Yoghurt.**

SORRY NO GUESTS TODAY

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables.** Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Milk Bar

Summer Fruit Kebabs available every morning break.
Milk Shakes available every lunchtime only
Only 30p

GUARANTEED Home Cooked and healthy meals **EVERY DAY.** Guaranteed **FREE CHOICE** of Vegetables and Salad **EVERY DAY.** School Meals have **NEVER** been so good for your children and so **HEALTHY.** Please support **YOUR** school's meals.

