

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.30
Or five meals
in one week
for £9.20

THE Healthy Option at Crofty's Restaurant



Crofty's Restaurant

Week Commencing Monday 14th July 2014

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, pasta or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or Yoghurt. Excellent value for £2.30 and very healthy. (To reserve a salad children must register **S** in a morning)

MONDAY

OUR HEALTHY HOMEMADE MEAL
Homemade Chicken Chasseur with Rice and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Homemade Madeleines and Custard or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY HOMEMADE MEAL
CANADA DAY
Canadian Style Ham with Fries and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Homemade Figgy Duff and Custard or **Homemade Fresh Fruit Salad or Yoghurt**

TUESDAY

OUR HEALTHY HOMEMADE MEAL
Homemade Pepperoni Pizza with Hash Browns and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables or salad options. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Pears and Chocolate Sauce or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY OUR HEALTHY HOMEMADE MEAL

Fish Fillet with New Potatoes and a Choice of Bread. **Fresh Juice of the day. Choice of four vegetables . NO LIMIT on vegetables or choices. Selection of Wraps. Ice Cream or Homemade Fresh Fruit Salad or Yoghurt.**

SORRY NO SALAD/WRAPS TODAY

WEDNESDAY

OUR HEALTHY HOMEMADE MEAL
Homemade Italian Style Meatballs with a Choice of Bread. **Fresh Juice of the day. Choice of four vegetable of salad options. NO LIMIT on vegetable of salad choices. Selection of Wraps.** Jelly & Fruit or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available everyday as a dessert.

Summer Fruit Kebabs
available every morning
break.

Milk Shakes available
every lunch time

30p

GUARANTEED Home Cooked and healthy meals **EVERY DAY**. **Guaranteed FREE CHOICE** of Vegetables and Salad **EVERY DAY**. School Meals have **NEVER** been so good for your children and so **HEALTHY**. Please support **YOUR** school's meals.

