

THE PRICE OF A  
HOT SCHOOL  
MEAL OR SALAD  
& PUDDING IS  
£2.30  
Or  
FIVE MEALS IN  
ONE WEEK FOR  
£9.20

# The Vegetarian Option at Crofty's Restaurant



## AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or yoghurt. Excellent value for £2.30 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

### MONDAY

#### No Parents/Guests

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Savoury Quorn Mince with Yorkshire Pudding and New Potatoes and a Choice of Bread. **Choice of four vegetable or salad options. NO LIMIT on salad choices. Selection of Wraps.** Homemade Chocolate Oat Delight and Custard or **Homemade Fresh Fruit Salad or Yoghurt.**

### THURSDAY

#### No Parents/Guests POLLING DAY

Super Spectacular Salad Buffet  
Served in the Atrium

Selection of pizza, cheese and onion rolls,  
tuna and cheese.  
Selection of cold puddings

### TUESDAY

#### No Parents/Guests

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Spanish Style Quorn with Rice and Crusty Bread. **Choice of four vegetables or salad choice. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Homemade Iced Sponge Cake or **Homemade Fresh Fruit Salad or Yoghurt.**

### FRIDAY

#### No Parents/Guests

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetable Nuggets with Chips and a Choice of Bread. **Choice of four vegetables or salad choice. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Jelly and Fruit or **Homemade Fresh Fruit Salad or Yoghurt.**

### WEDNESDAY

#### No Parents/Guests

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Margherita Pizza with Hash Brown Potatoes and Beans and a Choice of Bread. **Choice of four vegetables or salad choice. NO LIMIT on vegetables or salad choices. Selection of Wraps.** Ice Cream Roll or **Homemade Fresh Fruit Salad or Yoghurt.**

### VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

**Semi-Frozen Fruit Kebabs available every morning break.**

**Milk Shakes available every lunchtime.**

**Only 30p**

**TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN**

**Crofty's Restaurant**

**Week commencing Monday 20 June 2016**