

THE PRICE OF A
HOT SCHOOL MEAL
OR SALAD &
PUDDING IS
£2.40
Or
FIVE MEALS IN ONE
WEEK FOR £9.60

THE Healthy Option at Crofty's Restaurant



AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or Yoghurt. Excellent value for £2.40 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

MONDAY

OUR HEALTHY HOMEMADE MEAL

Sausage with Yorkshire Pudding and Boiled Potatoes and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Syrup Sponge with Custard or **Homemade Fresh Fruit Salad** or Yoghurt.

THURSDAY

ST ANDREW'S DAY



Salmon Bites with Crispy Diced Potatoes and a Choice of Bread. **Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.**
Scottish Shortbread
or **Homemade Fresh Fruit Salad** or Yoghurt.

TUESDAY

OUR HEALTHY HOMEMADE MEAL

Pasta Bolognese with Crusty Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Chocolate Crunch and Pink Sauce or **Homemade Fresh Fruit Salad** or Yoghurt.

FRIDAY

OUR HEALTHY HOMEMADE MEAL

Margherita Pizza with Chips and Beans and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Selection of Cold Desserts
or **Homemade Fresh Fruit Salad** or Yoghurt.

WEDNESDAY

OUR HEALTHY HOMEMADE MEAL

Roast Chicken Fillet with Stuffing and Herby Potatoes and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Tutti Fruity Cake or **Homemade Fresh Fruit Salad** or Yoghurt.

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Crofty's Restaurant

Week Commencing Monday 27 November 2017

Milk Shakes
available
every morning break
and lunchtime.

Only 30p

GUARANTEED Home Cooked and healthy meals **EVERY DAY**.
Guaranteed FREE CHOICE of Vegetables and Salad **EVERY DAY**. School
Meals have **NEVER** been so good for your children and so **HEALTHY**.
Please support **YOUR** school's meals.