

THE PRICE OF A
HOT SCHOOL MEAL
OR SALAD &
PUDDING IS
£2.40
Or
FIVE MEALS IN ONE
WEEK FOR £9.60

THE Healthy Option at Crofty's Restaurant



AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or Yoghurt. Excellent value for £2.40 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

MONDAY



TRAINING DAY

THURSDAY

OUR HEALTHY HOMEMADE MEAL

Chicken Korma with Rice
and Naan Bread.

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps. Homemade Fruit Sponge and Custard or Homemade Fresh Fruit Salad or Yoghurt.

TUESDAY

OUR HEALTHY HOMEMADE MEAL

Meatballs with a Tomato Sauce
and Pasta and a Choice of Bread.

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps. Homemade Flapjack and Custard or Homemade Fresh Fruit Salad or Yoghurt.

FRIDAY

OUR HEALTHY HOMEMADE MEAL

Salmon Bites with Chips
and a Choice of Bread.

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps. Selection of Cold Desserts or Homemade Fresh Fruit Salad or Yoghurt.

WEDNESDAY

OUR HEALTHY HOMEMADE MEAL

Pork Loin Steaks with Stuffing and Roast
Potatoes and a Choice of Bread.

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps. Rice Pudding and Fruit or Homemade Fresh Fruit Salad or Yoghurt.

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Soup available
Mon-Thu morning
break.

Hot Chocolate
available every Friday
morning break.

Milk Shakes available
every lunchtime.

GUARANTEED Home Cooked and healthy meals EVERY DAY. Guaranteed FREE CHOICE of Vegetables and Salad EVERY DAY. School Meals have NEVER been so good for your children and so HEALTHY. Please support YOUR school's meals.

Crofty's Restaurant

Week commencing Monday 8 January 2018