The Vegetarian Option at Crofty's Restaurant

THE PRICE OF A HOT SCHOOL MEAL OR SALAD & PUDDING IS £2.40
Or
FIVE MEALS IN ONE WEEK FOR £9.60

Crofty's Restaurant

Week Commencing Monday 18 June 2018

AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or yoghurt. Excellent value for £2.40 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENTS/GUEST

Quorn Sausage with Yorkshire Pudding and Sweet Potato Mash and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Apple Crumble and Custard
or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENTS/GUEST

Cheese and Tomato Pasta Bake with Garlic Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Chocolate Crunch and Pink Custard
or **Homemade Fresh Fruit Salad or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENTS/GUEST

Quorn Korma with Rice and Naan Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Homemade Chocolate Cake and Custard
or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENTS/GUEST

Vegetable Nuggets with Chips and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Selection of Cold Desserts
or **Homemade Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENTS/GUEST

Quorn Roast with Stuffing and Roast Potatoes and a Choice of Bread.
Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.
Ice Cream
or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

Semi-Frozen Fruit Kebabs available every morning break.

Milk Shakes available every lunchtime.

Only 30p

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN