

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.50
Or
FIVE MEALS IN
ONE WEEK FOR
£10.00

The Vegetarian Option at Crofty's Restaurant



AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or yoghurt. Excellent value for £2.50 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

Crofty's Restaurant

Week Commencing Monday 8 October 2018

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

HARVEST FESTIVAL MEGA BUFFET

Come along and enjoy a selection
of our wonderful
Harvest Mega Buffet
(No Wrap Option)



THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Sausage and Chips
and a Choice of Bread. **Choice of four
vegetables or salad options.
NO LIMIT on vegetables or salad
options. Selection of Wraps.
Homemade Eves Pudding
and Custard
or Homemade Fresh Fruit Salad
or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Savoury Mince with Yorkshire
Pudding and Boiled Potatoes
and a Choice of Bread. **Choice of four
vegetables or salad options.
NO LIMIT on vegetables or salad options.
Selection of Wraps.
Homemade Chocolate Sponge
and Pink Custard or
Homemade Fresh Fruit Salad
or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL



SPANISHNESS DAY

Spanish Style Quorn with Rice
and Crusty Bread
**Choice of four vegetables or salad
options. NO LIMIT on vegetables
or salad options. Selection of Wraps.
Ice Cream
or Homemade Fresh Fruit Salad
or Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Roast with Stuffing
and Roast Potatoes and a Choice
of Bread. **Choice of four vegetables
or salad options. NO LIMIT on
vegetables or salad options.
Selection of Wraps.
Jelly and Fruit or
Homemade Fresh Fruit Salad
or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a
choice of **four vegetables**. Children
may self serve as many vegetables as
they wish from the range. Children may
also choose to visit the **Salad Bar**
instead of taking the vegetables if they
prefer. A homemade fresh fruit salad is
also available every day as a dessert.

Semi-Frozen Fruit
Kebabs available
every morning break.

Milk Shakes available
every lunchtime.

Only 30p

**TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM
THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN**