

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.50
Or
FIVE MEALS IN
ONE WEEK FOR
£10.00

The Vegetarian Option at Crofty's Restaurant



AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese, or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or yoghurt. Excellent value for £2.50 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Cheese and Tomato Pasta Bake
with Crusty Bread.

**Choice of four vegetables or salad
options. NO LIMIT on vegetables
or salad options. Selection of Wraps.**

Homemade Chocolate Sponge
and Custard

or **Homemade Fresh Fruit
Salad or Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Curry with Rice
and Naan Bread.

**Choice of four vegetables or salad
options. NO LIMIT on vegetables or
salad options. Selection of Wraps.**

Homemade Madeline Sponge
and Custard

or **Homemade Fresh Fruit
Salad or Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

NO PARENT/GUESTS

Cheese and Onion Roll with Hash Brown
Potato and a Choice of Bread.

**Choice of four vegetables or salad
options. NO LIMIT on vegetables or
salad options. Selection of Wraps.**

Ice Cream

or **Homemade Fresh Fruit
Salad or Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Sausage with Chips
and a Choice of Bread.

**Choice of four vegetables or
salad options. NO LIMIT on
vegetables or salad options.**

Selection of Wraps.

Jelly and Fruit

or **Homemade Fresh Fruit
Salad or Yoghurt**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Savoury Quorn Mince with Yorkshire
Pudding and Boiled Potatoes
and a Choice of Bread. **Choice of four
vegetables or salad options. NO LIMIT
on vegetables or salad options.**

Selection of Wraps.

Homemade Winter Berry Crumble
and Custard or **Homemade Fresh Fruit
Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a
choice of **four vegetables**. Children
may self serve as many vegetables as
they wish from the range. Children may
also choose to visit the **Salad Bar**
instead of taking the vegetables if they
prefer. A homemade fresh fruit salad is
also available every day as a dessert.

Crofty's Restaurant

Week Commencing Monday 3 December 2018

Milk Shakes available
every morning break
and lunchtime.

Only 30p

**TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM
THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN**