

THE PRICE OF A
HOT SCHOOL MEAL
OR SALAD AND
PUDDING IS
£2.50
Or
FIVE MEALS IN ONE
WEEK FOR £10.00

THE Healthy Option at Crofty's Restaurant



AVAILABLE EVERY DAY! CROFTY'S SALAD BAR

Children can self select as much salad as they desire from the wide range available. This will accompany their choice of ham, turkey, cheese or tuna AND one of the potato dishes of the day. In addition children can choose either the pudding of the day or the homemade fresh fruit salad or Yoghurt. Excellent value for £2.50 and very healthy. (To reserve a salad children must register **S** in a morning). **Meals served at Crofty's Restaurant, Breakfast Club and Afternoon Tea Club contain Allergens. The list of Allergens in any meal is available on request from the School Kitchen.**

MONDAY

OUR HEALTHY HOMEMADE MEAL

Italian Style Chicken with Rice
and a Choice of Bread

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.

Homemade Syrup Sponge and Custard
or **Homemade Fresh Fruit Salad or Yoghurt.**

THURSDAY

OUR HEALTHY HOMEMADE MEAL

Bolognaise Pasta Bake
with Garlic Bread

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.

Homemade Eves Pudding and Custard or
Homemade Fresh Fruit Salad or Yoghurt.

TUESDAY

OUR HEALTHY HOMEMADE MEAL

Sausage with Yorkshire Pudding and
Boiled Potatoes and a Choice of Bread

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.

Homemade Chocolate Crunch and Custard
or **Homemade Fresh Fruit Salad or Yoghurt.**

FRIDAY

OUR HEALTHY HOMEMADE MEAL

Jumbo Fish Finger with Chips and a
Choice of Bread.

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.

Selection of Cold Desserts
or **Homemade Fresh Fruit Salad or Yoghurt.**

WEDNESDAY

OUR HEALTHY HOMEMADE MEAL

Roast Chicken with Stuffing and Roast
Potatoes and a Choice of Bread

Choice of four vegetables or salad options. NO LIMIT on vegetables or salad options. Selection of Wraps.

Chocolate Mousse
or **Homemade Fresh Fruit Salad or Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range. Children may also choose to visit the **Salad Bar** instead of taking the vegetables if they prefer. A homemade fresh fruit salad is also available every day as a dessert.

GUARANTEED Home Cooked and healthy meals EVERY DAY. Guaranteed FREE CHOICE of Vegetables and Salad EVERY DAY. School Meals have NEVER been so good for your children and so HEALTHY. Please support YOUR school's meals.

Crofty's Restaurant

Week commencing Monday 21 January 2019

Soup available
Mon-Thu morning break.

Yoghurt available every
morning break.

Hot Chocolate
available every Friday
morning break.

Milk Shakes available
every lunchtime.

Only 30p